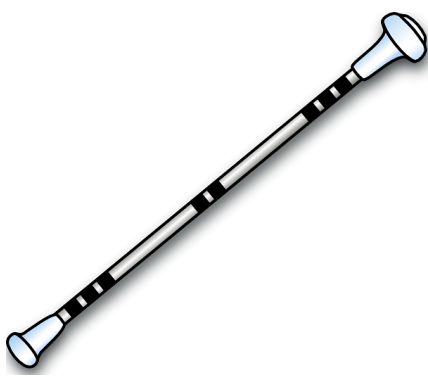


Return to Play Group Guidelines

THE COVID-19 PANDEMIC WILL CHANGE OUR APPROACH TO PRACTICING GROUP EVENTS MOVING FORWARD. THIS DOCUMENT HAS BEEN PUT TOGETHER BY ALL THE PROVINCIAL GROUP REPS AS A WAY TO PROVIDE SOME GUIDANCE TO COACHES.

PLEASE NOTE THAT BEFORE FULL GROUP PRACTICING AND COMPETING CAN OCCUR, PROVINCIAL GUIDELINES RELATED TO SOCIAL DISTANCING MAY NEED TO BE RELAXED AND THIS WILL BE DIFFERENT IN EACH PROVINCE. PLEASE FOLLOW PROVINCIAL GUIDELINES AND IT IS OUR COMMITMENT TO MAINTAIN COMMUNICATION AND FAIRNESS TO ALL PROVINCES AS WE NAVIGATE THIS SITUATION.

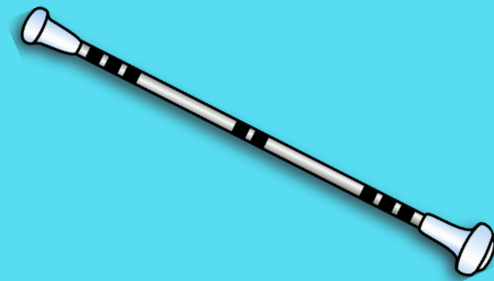
BEFORE PRACTICE



- 1) Use your province's COVID-19 screening tool as a way to report any symptoms. All coaches and athletes should complete this screening tool before each practice. It is quick and simple! Alternatively, a coach or a parent may be asked to ask the screening questions directly to participants (parents if athletes are under the age of 18) and have a non-contact thermometer to check athletes' temperatures before practice.
- 2) If any athlete or coach is experiencing any flu-like symptoms, they are to stay home.
- 3) Remind athletes to only bring essential items to practice. These items include baton, shoes, name-labelled water bottle (already filled), and towel.

DURING PRACTICE

- 1) All athletes should wash hands and all batons should be sanitized before group practice.
- 2) Remind athletes to avoid touching the face during practice.
- 3) Coaches should maintain their distance and should wear a mask.
- 3) If there are multiple groups, take time to wash hands or use hand sanitizer between each group.
- 4) No spectators should be in the gym.



AFTER PRACTICE

- 1) Sanitize batons after practice before putting them away.
- 2) Wash hands or use hand sanitizer before leaving the gym.
- 3) Work to maintain physical distance while leaving the gym.
- 4) Athletes and coaches should not congregate in the gym area or in the spaces used when leaving the gym.

Additional Tips!

Consider practicing groups without exchanges while maintaining some physical distancing

Use online video platforms to include athletes in practice who may not be able to attend due to symptoms.

Let's All Work to Return to Groups Safely